

You have a lot to say...

EXPRESS YOURSELF - t h r o u g h - ART!

FREE!

Vets4Vets 'Art Expressions'

CREATIVE WORKSHOPS

Bellevue University Veteran Services Center

*(S.W. corner of Harvell and Herman Drives
on the east side Bellevue University's campus)*

**Thursdays 6:00–9:00 p.m.
May 2, 9, 16, 23, 30, June 6**

Have fun making art with your fellow veterans! Join Vets4Vets, a peer support group of Iraq and Afghanistan-era Veterans interested in the common goal of sharing experiences, "venting" and just hangin' out.

In these workshops, you will use a different artistic media each week. All experience levels are welcome and no previous art experience is required! Participants will have an opportunity to display their artwork in a group show dedicated to veterans this fall.

**ALL VETERANS ARE WELCOME TO PARTICIPATE.
CALL THE NEAREST AT EASE® OFFICE TO REGISTER.**

MAY 2 – COMIC BOOK DRAWING

Join this group to learn about drawing cartoons and comics. Invent your own super-hero or draw funny characters from your imagination. Your group can select favorites to print in a small-group edition.

MAY 9 – T-SHIRT DESIGNS

Who doesn't like to wear a T-shirt with an awesome design? Here is your chance to make your own cool design and have it printed on a blank T-shirt.

MAY 16 – SCREENWRITING FOR VIDEO

Learn how to write from your own experience or create believable characters that speak with dialogue that can be funny or serious. Once your script is written, join others to read the scripts out loud and bring your scene to life.

MAY 23 – CAST PAPER SCULPTURE

"Combat Paper" originated with two Iraq veterans trying to process their war experiences through the art of paper making. We will mash private writings and other materials into pulp and create sheets of hand-made paper and cast paper sculpture. It is an emotional experience that many have found to be deeply satisfying.

MAY 30 – PRINTMAKING FUN

"Broadside" are large single-page prints used for special purposes such as speeches, recruiting, and advertising. Using a variety of materials – wood type, photos, drawings – to create your own broadside and run copies.

JUNE 6 – COLLAGE POEMS

This group will have a unique opportunity to combine visual art with poetry. Participants will create collages and use them as "prompts" to create unique poetry that can be shared or kept.

 **Lutheran Family Services**
of Nebraska, Inc. www.LFSneb.org

At Ease®

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