

You have a lot to say...



Vets4Vets 'Art Expressions'

CREATIVE WORKSHOPS - P A R T II -

Bellevue University
Veteran Services Center

Thursdays 6:00–9:00 p.m.
July 25, August 1, 8, 15, 22, 29

Have fun making art with your fellow veterans! Join Vets4Vets, a peer support group of Iraq and Afghanistan-era Veterans interested in the common goal of sharing experiences, “venting” and just hangin’ out.

In these workshops, you will use a different artistic media each week. All experience levels are welcome and no previous art experience is required! Participants will have an opportunity to display their artwork in a group show dedicated to veterans this fall.

“This was a great way to relax and learn some new skills.”
–Veteran who participated in the previous Creative Workshops series

**ALL VETERANS ARE WELCOME TO PARTICIPATE.
CALL THE NEAREST AT EASE® OFFICE TO REGISTER.**

EXPRESS YOURSELF - t h r o u g h - ART!

JULY 25 – PHOTOGRAPHIC EXPLORATION

See the Old Market in a new way! Learn to compose photos with artistic style! Also enjoy a coffee and a tasty snack while we critique photos. (Meets at 13th Street Coffee in the Old Market, 519 S. 13th St.)

AUGUST 1 – HAND-BUILT CLAY VESSELS

Bury your hands in cool wet clay! Make a functional ceramic vessel that will be fired in a kiln. You’ll be able to use your artistic creation to enjoy your favorite summer beverages! (Meets at Omaha Clay Works in the Old Market, 1114 Jones St.)

AUGUST 8 – SCHOOL OF ROCK!

Come and join the band! Find out how to turn your thoughts and emotions into music. Learn some basic techniques to writing and playing music. If you already play, bring your favorite instrument...and be prepared to jam! (Meets at Bellevue Vets Center)

AUGUST 15 – EXPRESSIVE MASK MAKING

What would a self portrait of your alter-ego look like? Visualize your “other” self with plaster gauze and acrylic paints. We will use the “transformation masks” of Native Americans of the Northwest Coast as inspiration for our own creations. (Meets at Bellevue Vets Center).

AUGUST 22 – MANDALA SAND PAINTING

Work like Tibetan monks to create a vivid and temporary “painting” using chalk and colored sand. This centuries-old meditation technique is a great way to relax and work as a team while creating incredible abstract art! (Meets at Bellevue Vets Center)

AUGUST 29 – STOP-ACTION ANIMATION

Use drawings or small objects, including colorful animation clay, to create your own moving reality. Work as a team, or teams, to create hilarious short animated videos! (Meets at Bellevue Vets Center)

NOTE: The content or order of workshops may be subject to change based on weather or other conditions.



Funding provided by



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