

You have a lot to say...

英雄

Express Yourself -through- ART!

FREE!

Vets4Vets 'Art Expressions' CREATIVE WORKSHOPS - PART IV -

Bellevue University Military Veterans Service Center (SW corner of Harvell & Herman Drives on the west side of Bellevue University's campus)

Wednesdays 6:00-9:00 p.m. July 23 & 30, August 6, 13, 20 & 27

Have fun making art with your fellow veterans! Join Vets4Vets, a peer support group interested in the common goal of sharing experiences and just hangin' out. In these workshops, you will use a different artistic media each week. All experience levels are welcome and no previous art experience is required!

"This was a great way to relax and learn some new skills." -Veteran who participated in the previous Creative Workshops series

OPEN TO ALL ACTIVE AND FORMER MILITARY AND THEIR LOVED ONES. REGISTER ONLINE AT HTTPS://V4VWORKSHOPS.EVENTBRITE.COM

JULY 23 - GRUDGE-MATCH: WATERCOLOR VS. PASTEL

Learn a variety of pastel and painting techniques including layering and washes. Bring vitality to your work through marks and brushstrokes, dry brush, wet on wet, masking, resist and other experimental mixed-media techniques.

JULY 30 - THE ILLUMINATED JOURNAL

The illustrated journal is a place where images, words and memories all unite in a single creative act. Participants will freely and honestly create a portrait of their unique world-view. Using a variety of media you will create illustrated pages in your own "accordion" book.

AUGUST 6 - SCHOOL OF ROCK!

Come and join the band! Find out how to turn your thoughts and emotions into music. Learn some basic techniques to writing and playing music. If you already play, bring your favorite instrument...and be prepared to jam!

AUGUST 13 - ASIAN BRUSH PAINTING AND CALLIGRAPHY

This workshop is designed for those who are interested in the medium, technique, and philosophy of this classical Asian art form. You will learn the basic brushwork, sumi-ink application, and fundamental composition techniques of Asian scroll painting

AUGUST 20 - MANDALA SAND PAINTING

Work like Tibetan monks to create a vivid and temporary "painting" using chalk and colored sand. This centuries-old meditation technique is a great way to relax and work as a team while creating incredible abstract art!

AUGUST 27- STOP-ACTION ANIMATION

Use drawings or small objects, including colorful animation clay, to create your own moving reality. Work as a team, or teams, to create hilarious short animated videos!

NOTE: The content or order of workshops may be subject to change based on weather or other conditions.

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At Ease

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